

Religion Knowledge Organiser	Term 4	Year 3/4	BUDDHISM
Key Vocabulary		Significant People, Places and Dates	
<p>Puja - The Buddhist act of worship</p> <p>Shrine – A place that is linked with a holy object or person</p> <p>Wesak- An important festival where Buddhists clear their minds of negative thoughts</p> <p>Dhvaja – A Buddhist symbol meaning ‘Spiritual Victory’</p> <p>Chattra – A Buddhist symbol that means protection from suffering</p> <p>Pali Canon and Sanskrit Canon – The Buddhist teachings</p> <p>Buddha - The teacher and creator of Buddhism</p> <p>Meditate - Where Buddhists close their eyes and breathe deeply, to empty their minds and clear their thoughts</p> <p>Enlightenment - Breaking the Buddhist cycle of rebirth and reaching Nirvana</p> <p>Nirvana – Perfect peace and happiness with no suffering</p>		<div data-bbox="1368 150 1942 1155" style="border: 1px solid black; padding: 10px;"> <p>The Buddha</p> <p>There are no gods in Buddhism. It was created by a man called Siddhartha Gautama, who was born into a noble family. He lived a sheltered early life, but when he was older he went out into the world and saw that sickness, age and death come to everyone. After seeing this, Gautama meditated and found the answer to life. This made him the Buddha. This was called enlightenment and the Buddha decided to teach others how to reach it.</p> </div>	
Important Symbols/Images/Artefacts/Places of Worship			

Prayer Wheel

There are many types and forms of prayer wheels in Buddhism: from the small Tibetan Mani one can carry to eight feet high wheels, to large racks of wheels like the ones you will find in the “Monkey Temple” (Swayambhunath) in Kathmandu. Prayer wheels contain rolls of thin paper or have a mantra such as “Om Mani Padme Hum” written on the outside of the wheel. Spinning the prayer wheel around and around sends your prayer into the universe.



Singing bowls

It is said singing bowls date back as far as 2500 years. Today they are used in meditation, health care and religious traditions. The sound of a singing bowl clears the mind, which is why it is used as an aid in meditation to invoke a deep state of relaxation. In Buddhism, up to 12 different types of metals are used with copper being the primary material due to its pure sound. Different singing bowls produce different tones, stimulating different chakras.

Important Facts

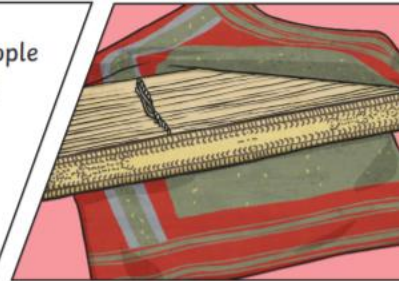
Special Shrines

Buddhists can worship from home or at a temple, which are built in a variety of shapes. Buddhists worship by sitting on the floor, making sure their feet face away from any image of **Buddha**. Their head and body face the image of **Buddha**. This is called **puja**. Buddhists chant to show their love for **Buddha** and make offerings of flowers and incense at **shrines**.



Holy Books

When the **Buddha** died, people thought it would be a good idea to write down what **Buddha** said and thought. 500 Buddhist Monks met to check the content of his teachings. The teachings were then passed down by word of mouth for around 400 years, before being written down.



Chhatra



Dhvaja

Wesak is an important Buddhist festival celebrating the Buddha's birthday.

Buddhists live by five rules:

- Never take the life of a living creature.
- Do not steal.
- Be faithful to your partner.
- Do not lie.
- Do not drink alcohol.



Buddhism originated in Northeast India and now has followers from all over the world. The **Dharmachakra** is a symbol used in Buddhism.

